

Mediterranean Salad

Gluten Free

*By Margie Jameson
Certified Health Coach
Take 2 Wellness*



Ingredients:

1-2, 16 oz container mixed greens
1, 33 oz jar Pitted Kalamata Olives, Sliced
1, 33 oz jar Artichoke Hearts, Chopped
1, 3-4 pound All Natural Turkey Breast, Chopped
1, Large Package of prepared beets, chopped
4.5 cups walnut pieces
Large Container of Feta Cheese Crumble * Optional
Olive Oil
Balsamic Vinegar

Instructions:

Mix the ingredients together in a bowl, or place ingredients in separate bowls to provide a salad bar. Allow guests to place their own olive oil and vinegar to taste.

*Depending on number of guests, you may need a third container of greens.



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